



Social and Emotional Development Activity for 42 to 48 Months

Star of the Day

Young children feel great pride in even the smallest accomplishments. It is important for all adults in a child's life to foster these feelings of pride and self-confidence.

Materials:

- Yellow construction paper
- Scissors
- Glue and glitter (optional)
- Paper bag/basket

To make:

1. Cut out large stars from the yellow construction paper and write the child's and her playmates' names on them. You might want to glitter the paper stars to make them even more special. Place all of the stars inside a paper bag or basket.

What to do:

1. Have the children sit on the floor.
2. Shake the bag and pull out one of the stars.
3. Read the name on the star and ask the child to approach you.
4. "Introduce" the child to the group and provide a compliment. Example: "This is Michael, and I like the way he shares his toys with the other children."
5. Ask the children for other nice things that can be said about the child.
6. Let the child wear the star for the rest of the day.

Variation:

- Take time for the children to compliment each other.

